

OPEN EYES

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Death Is a Living Process

The "secret" or Law of the death process is the same that applies to existence during one's born lifetime: the right relationship to the process is that of love-surrender, not recoil or withdrawal. The death process is simply another form of participation in the mystery and Universal Unity of existence.

— Avatar Adi Da Samraj



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Introduction

Avatar Adi Da Samraj is not merely a great human being who speaks profound Truth – He is in the position of Divine Reality Itself, appearing in a human body in order to offer His Revelation of Truth directly to all humankind. His confession is one of Absolute No-Separation from all. This is His Inherent and Native State.

In His own words:

There is no ultimate "difference" between you and the Divine.

There is only the Divine.

Everything that exists is a "modification" of the One Divine Reality.

However, even though it may be true that there is only the Divine, this is not in fact, our common daily experience, if indeed we ever glimpse the possibility of such a condition. There is something we are doing that is preventing this Realisation. Adi Da describes this "something" as the self-contraction, the presumption that we are separate.

Avatar Adi Da is humanly present in the world in order to reveal the Divine Condition of Love-Bliss, of Non-Separation and to make it possible for people to realise that that Condition is our True and Very Nature.

This revelation is given through the relationship to Avatar Adi Da, the Non-Separate Divine Person. By becoming more and more turned to the Person and State of Avatar Adi Da, those in His company are purified and grown beyond the presumption of separateness and into the Condition that is not separate from Adi Da or from anything else.

Within the context of this relationship, Adi Da has had to address every area of our lives (from living cooperatively with all others, right diet and health practices, and use of money, to preparing for death) to reveal the limitations we impose that prevent this native enjoyment of Non-Separation from the Divine. He also constantly addresses our urge to "seek" – based on the problem of our presumed separation and He points out that that search is always removing us from present time Communion with the Divine Reality Condition.

In this issue of Open Eyes we examine the topic of death. It is our presumption of separateness that makes death feel (if we allow ourselves to truly feel our mortal condition) like an awful ending and a separation from all we know and love. Adi Da has described our usual mortal condition as being like a separate wave in the ocean that appears and then comes rolling to its end on the sandy shore. He describes our true situation as one of abiding as the entire ocean rather than as the separate and finite wave. Our capacity in life to connect with and abide in that Greater Totality or Reality means our own death can be experienced and participated in very differently. Adi Da has described that process as "Easy Death" and He himself offers the link and revelation to the Greater Reality of No-Separation.



Death Is a Living Process

A Talk by Avatar Adi Da Samraj

AVATAR ADI DA SAMRAJ: When someone dies with whom you have a relationship, the conditions of your relationship have changed—because one of you no longer has the medium of the gross body through which to live the relationship. You still live through your own gross body, but the gross body of the other person has ceased. It is just a lump of elements. It is returning very quickly to elemental states. The body is decomposing. It is not that person anymore. The person who communicated through that gross body-mind is no longer present in that familiar form.

Maintain feeling-attention. Do not recoil. That one is dead, and you tend to feel only separation and your recoil into sorrow, anger, and fear. Simply permit the relationship to exist. If you do not recoil, you will remain sensitive to the present condition of the relationship. You will be able to feel and consciously participate in that

Some day, everybody has what they look like go to sleep and not wake up. Then they forget that part, and they go on to someplace else and look different. Nobody knows what they will look like after what they look like now goes to sleep forever. When you go to sleep at night, you forget what you looked like all day. And when somebody dies, or lets the body go to sleep for the last time, they forget what they looked like when they were alive and awake. It is a Mystery – like going to sleep, or dreaming, or waking up.

from: "What, Where, When, How, Why, and Who To Remember To Be Happy"

relationship, however it may be communicated to you.

Death is a moment of change. If you cannot deal with change in the ordinary round of days, you will have great difficulty dealing with somebody's death—as well as with your own. A moment of change, such as the death of another, propels you into Mystery. You must confront a wall of ending

that you cannot cross. Whatever may be available psychically to your experience, you still cannot cross the barrier. No form of conditional knowledge enables you to cross it. You are projected into the Divine Mystery That is altogether True of you, even in the present moment.

Continued on back page.



"I AM BROKEN WITH JOY": A DEATH TRANSITION

by Ren-ai Lindley

Jennifer Smith was a New Zealand devotee of Avatar Adi Da Samraj. She was forty-eight years old, a single mother, fiercely independent, and a very intelligent and capable woman with a strong heart-connection with Adi Da.

At the end of December 2004, around the time of the disastrous tsunami that killed a quarter of a million people in Asia, Jennifer's personal tsunami hit: she was diagnosed with acute lymphoblastic leukemia. Three months later, she passed away.

During those three months, Adi Da Samraj Granted "Blessing Pujas" (His Responsive-Regard to a request for Blessing) for Jennifer a number of times. Jennifer was always most grateful for these Blessings. In mid-February, she wrote a letter in her now-wobbly handwriting that was scanned and sent as a digital picture to Avatar Adi Da:

My Beloved Guru Adi Da, Love-Ananda, My heart is full of You so often today. I am broken with Joy at times. I have been Graced to feel the radically relieving Truth of the "I Am" parts of Your "Ruchira Avatara Gita", first when I listened to Naamleela singing it a few days ago, and then again when Ren-ai was laying hands on me. I "knew" something of Your All-Pervasiveness. I felt You in and as the whole world. I am truly grateful, Beloved. I love You.

*Your devotee,
Jennifer*

Dr. Daniel Bouwmeester, one of the physicians who serves Adi Da Samraj, wrote to Jennifer describing in detail how Avatar Adi Da had performed a Blessing Puja for her on March 26, 2005 (the day before she died), at His principal sanctuary in Fiji:

Avatar Adi Da becomes very Focused as He receives the tray with your photographs on it. He Regards you with Intensity and Completeness, through and through. One cannot help but raise one's hands in the presence of such Compassion and Loving Regard. Adidama Quandra Sukhapur and Dr. Charles Seage relate to Him what you have been going through at this moment of your medical condition. At one point, He Places His right Hand into the water [in a bowl beside him] and douses you via your photographs, thoroughly, three times. He then does the laying on of hands over you



Jennifer Smith

completely, in complete Regard of you. This is followed with His water Blessing of you three times again.

He then slowly, Graciously and with a lot of Intention wipes His Hands and says very softly and with great emotion to Charles, "Let Jennifer know I send My Love and Blessings." It is so pregnant with Feeling, it is as if He is about to cry. The room is Watery and "Bright", as if we are underwater and in the direct Light of the Sun. We prostrate, our hearts filled with love and gratitude, then leave.

Jennifer, may you receive Beloved Adi Da's Blessing as Given.

Jennifer received this communion verbally on the last night of her bodily life. She asked Gavin, a devotee visiting her, to go home and print it. He did so, and she summoned up all her energy to hold it in her hand and read it, in order to feel tangibly the Love-Blissful Blessings of her Beloved Heart-Master.

On March 27, Avatar Adi Da Granted Jennifer another Blessing Puja, just one hour before she passed out of the body. Again, Daniel Bouwmeester described the occasion:

This morning Adi Da Samraj rose later than He has been lately. In the past He has told us this may be because He is Working with someone and it is more congenial to do this without waking-state limitations.

Avatar Adi Da Spoke to us about how He is open psychically to all beings, things, and the world. He relates to us all Prior to the body from His State and we need to intuitively be sensitive to this. I could not help but feel how this was relevant to this moment you are in, physically and also in relationship with Him as your Master.

It was clear to us that as soon as He finished Speaking, He wanted to do His Blessing of you. Again He is very Focused, initially Regarding you fully (up and down, left and right, with one finger around your feet), listening closely to the summary of

your health and the seriousness of this crisis. At times He asked of your age and your awareness. Then He began the initial water Blessing. His Blessing dousing was very strong, three times, and then repeated three times. It was very strong and penetrating.

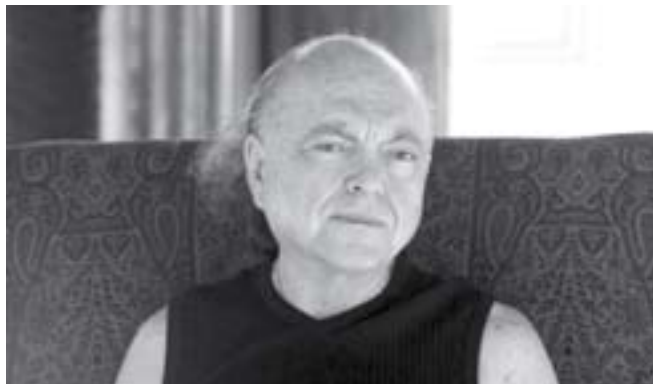
He then held His Hands over you for the longest time—up, down, side to side, focused on each of the centers as He went down your frontal line and all around you. Adi Da was very Benign and Compassionate and poured this into you and throughout, Attracting us all to His Perfect "Bright" Domain. In this dissolved Condition came more water Blessing and extremely Loving Gaze. Again as He is drying His Hands, Adi Da Samraj Speaks deliberately and Lovingly His Love and Blessings of you.

Ross Keen and I were very grateful that Jennifer's family allowed us to be in intensive care with her and them at the end. Ross writes to Adi Da Samraj about Jennifer's passing:

It was a completely benign event, full of Your Divine Grace. Jennifer was coherent up until about an hour before she died, and said to say to You, "I love Him." She turned to Your photo and smiled, and raised her hands as best as she could. Jennifer's breath simply slowed down until it stopped. There was no struggle, and it was apparent that she was completely surrendered to You and to the process.

The hospital staff allowed us to stay with her undisturbed for five hours, while we read her Your Instructions, played chanting tapes, and recited to her from "Death Is a Living Process" and Easy Death. I felt it was a very peaceful process for her. We Invoked You strongly, and devotees and non-devotees alike commented on how wonderful it felt in the room. Over the time we were there, Your Love-Blissful Presence grew more powerful and pervasive.

WHAT IS MORE THAN WONDERFUL IS NOT THREATENED



ADI DA SAMRAJ: Fear of death is fear of surrender to Infinity.

Learn to surrender, to exist at Infinity while alive, and fear of death dissolves.

Fear of death is fear of the Unknown.

Realise the Eternal Unknowability of the Totality of Existence, and fear of death is transcended in the Feeling Beyond Wonder.

If Happiness (or Freedom) depends on the Answer to the Question, then there can be no Happiness (or Freedom).

The Question cannot be satisfactorily or finally Answered.

For one who Abides at Infinity—Happy and Free, at ease with his or her Ultimate (or Divine) Ignorance—the Question and the Answer are equally unnecessary.

What began will come to an end.

What is More than Wonderful is not threatened.

The Process of the Totality of Existence is Transcendental, Inherently Spiritual, and Self-Evidently Divine—and It is Eternal.

Only a fraction of the Whole can pass away in any moment, since only a fraction of the Whole appears in any moment.

Therefore, the True Divine Heart Itself is Always Already Full of Love and More-than-Wonder.

"I" is the body-mind, the fraction of the Whole that is now appearing and will soon disappear.

"I" must be surrendered to the True Divine Heart, to the Whole—Which Is Infinity, and Love, and More (and More) than even Wonder knows.

from "Easy Death"

Death Is a Living Process

Continued from centre spread.

AVATAR ADI DA SAMRAJ: No one can anticipate—let alone predict—exactly when he or she is likely to die or when relationships are going to change dramatically, or when somebody else is going to die. Thus, you are profoundly obliged to Realize the Truth in this moment, to fulfill the Law, to live the Way of real life—because, when the change does come (either as your own death or the death of an intimate), your preparation is tested in that moment. After death, you will be neither more nor less than your condition of realisation at the moment of death. At death, you cannot take anything with you except your relative freedom. You cannot take with you all the mental strategies with which you have hidden from your mortality, day to day.

When someone dies, you tend to identify the body as the person. When you see that the body is dead, you grieve. Actually, the dead body only looks like the person, but it is no longer animated. It is no longer a personality. If you could look at it in a few weeks, it would hardly be familiar. It very quickly returns to the elements. It is just chemistry—turning into elements, disintegrating. The body is not the person at all.

To whatever degree you have a connection with the individual, maintain the connection and see what the relationship amounts to at this point. Do not hold the person to the body, or to the body-based personality. Do not hold the person to anything. Allow the person to return to the Great Infinite Mystery That is available to him or her. Remain sensitive to that relationship as love in the present, and do not become obsessed with artifacts like the corpse that is lying there—because that corpse is not that one. Nor was the person limited to that gross body while he or she was alive. The body is just a lump of elements.

from "Easy Death"

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