

Open Eyes

An ADIDAM™ Periodical—Asia-Pacific region ISSN 1176-4570

VOL 22/2

No Search Is Necessary

You cannot achieve union with something or someone you are separating yourself from. And, if the act of separation is dropped, there is no separation—only the unlimited awareness of Non-separateness, inherently.

This is the disposition in which to live.

— Avatar Adi Da Samraj,
My “Bright” Sight



In His spiritual autobiography, The Knee of Listening, Avatar Adi Da describes a sudden breakthrough or reassertion of Truth (or Reality) while a student at Columbia University in New York. He had existed at birth as that unqualified Reality, but then had relinquished conscious awareness of It in order to fully understand the nature of human suffering and seeking:

Adi Da Samraj in New York, 1956



I had spent years devoted to forceful seeking for some revolutionary truth, some image, object, reason, or idea, the effect of which would be absolutely liberating and salvatory.... But, in that great moment of Awakening, I Knew the Truth was not a matter of seeking. There were no “reasons” for Joy and Freedom. It was not a matter of a truth, an object, a concept, a belief, a reason, a motivation, or any external fact. Indeed, it was clear that all such objects are grasped in a state that is already seeking and which has already lost the prior sense of absolutely unqualified Reality. Instead, I saw that the Truth (or Reality) was a matter of the absence of all contradictions, of every trace of conflict, opposition, division, or desperate motivation within. Where there is no seeking, no contradiction, there is only the unqualified Knowledge and Power that is Reality....

In this State beyond all contradiction, I also saw that Freedom and Joy is not attained, that It is not dependent on any form, object, idea, progress, or experience. I saw that human beings (and, indeed, all beings) are, at any moment, always and already Free. I Knew that I was not lacking anything I needed yet to find, nor had I ever been without such a thing. The problem was the seeking itself, which “created” and enforced contradiction, conflict, and absence within. Then the understanding arose that I am always already Free.

Avatar Adi Da Samraj writes in My “Bright” Sight:

I have used the analogy of you pinching yourself. You are feeling some pain, and you are motivated to get rid of your pain. So you taste this, touch that, have sex with someone—whatever it may be. You read, you think—all in order to get rid of the pain. But if you could simply notice that you are



pinching yourself, if you could draw your attention to that fact, or if someone else could call your attention to that fact, then there is no effort involved in taking your fingers away....

You do not have to try to get rid of the pain of the pinch when you take your fingers away. All the seeking that the pain might have previously

motivated disappears without effort, because the search has no foundation anymore. You do not have to try to “figure out the universe” because you are in pain—the pain is no longer there. And you no longer feel separate from Reality. Rather, the tacit awareness of Non-separateness is magnified in the heart, spontaneously.

Quoted in the Introduction to My “Bright” Sight is an extract from a devotee’s response to being served in 1993 by Avatar Adi Da’s penetrating reflection of his egoic “self”-contraction. It is only through such reflection of our “pinching ourselves” that we are able to take responsibility and stand in the Prior Free Condition:

STEVE BROWN: It felt as if Bhagavan had literally taken the floor out from underneath me. I felt without ground, nothing to hold on to, no self-image to grasp that He hadn’t revealed as being false. In addition, He revealed how I was merely using His Spiritual Gifts as a means to feel better, the way people use teddy bears or lunch to feel better. I may have been having Spiritual experiences, but without any self-understanding....



Beloved Adi Da was Calling for participation in the Spiritual life for real, and not a pretend or revised version of the practice. All He was interested in at that moment was sensitizing me to the core of my own self-contraction, the act of separation that I was always doing.

Truth Communicates Itself



The matter of Truth is entirely academic until Truth Communicates Itself to you, until the Truth takes you over, until Truth Does the sadhana [*spiritual practice*] and Generates the conditions for your transformation. Thus, Truth must find some means to Communicate Itself as a Function in specific relationship to you. Therefore, the humanly-born Guru is the appropriate Means—and that is why the humanly-born Guru exists, that is why I have Come.

— Avatar Adi Da Samraj,
My “Bright” Word

Who is Avatar Adi Da Samraj?

Avatar Adi Da’s entire human lifetime was a unique demonstration of His Eternal Form—the State He calls the “Bright”, the Conscious Light that is Reality Itself. From His birth on 3 November 1939 on Long Island in New York, to His passing from the body on 27 November 2008 on the Island of Naitauba, Fiji, His Life is the story of the Intervention of the “Bright” in human time.

The fruits of Avatar Adi Da’s Lifetime are the establishment of a new and unique possibility for the transformation of all beings and the world itself. His Eternal Revelation is of the Divine Reality, which is always Shining—like the sun—as the Prior Condition of every one and every thing.

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ADI DA AS ARTIST:

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