

# Open Eyes



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## Your heart is what I Speak to~

I do not offer a mere “technique”. Rather, I offer a relationship.



*Avatar Adi Da Grants His Blessing Regard to Ruchiradama Quandra Sukhapur, His senior renunciate devotee, 2008.*

Always, spontaneously, the Heart moves into relationship. It Moves through the structures of conscious awareness. It Flows through. It Breaks Down the obstructions. The Heart Itself Is Always Already Love-Bliss-Full and Happy.

—Avatar Adi Da, My “Bright” Word

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## Welcome to Open Eyes

### IN THIS ISSUE:

Avatar Adi Da points out that human beings as egos are always "avoiding relationship", always falsely presuming we are separate—from one another, and from Reality, the Divine or Truth.

Relationship to the Spiritual Master has been acknowledged since the ancient days as the most direct means for Realisation of our inherently non-separate condition. Adi Da Reveals that He Is the True Divine Heart Prior to all separation and seeking, the Very Conscious Light that Is all beings, Always Present.

Therefore, relationship to Adi Da As That, rather than any method, technique or self-effort, is our unique advantage and help.

This newsletter is produced by devotees of Avatar Adi Da Samraj. Avatar Adi Da established the ego-transcending Spiritual Way of Adidam Ruchiradam.

"Open Eyes" is one of Avatar Adi Da's descriptions of Perfect Enlightenment, or the non-exclusive, non-inward state of one who is identified unconditionally with the Indivisible Reality that is the Prior and Divine Condition of existence. This is Adi Da's Realisation and State.

Avatar Adi Da Teaches that this Indivisible Reality is the Truth of everyone and everything. He has said that we could be completely Happy in every moment, if we truly Realised this. Instead, we chronically feel and think—and experience—that we are separate from apparent others and things.

This feeling-sense of separation is what Adi Da calls the "I", the ego, or the "self-contraction". He Teaches that the self-contraction is something we are doing, not something that is happening to us. Adi Da appeared in human form for a time to "learn" this limitation, and to fully Reveal the means to transcend self-contraction in the Prior Divine Reality that is His Eternal State.

# A Divinely Liberating Relationship



Avatar Adi Da Blesses a devotee with His Touch, Mountain Of Attention Sanctuary, 2005

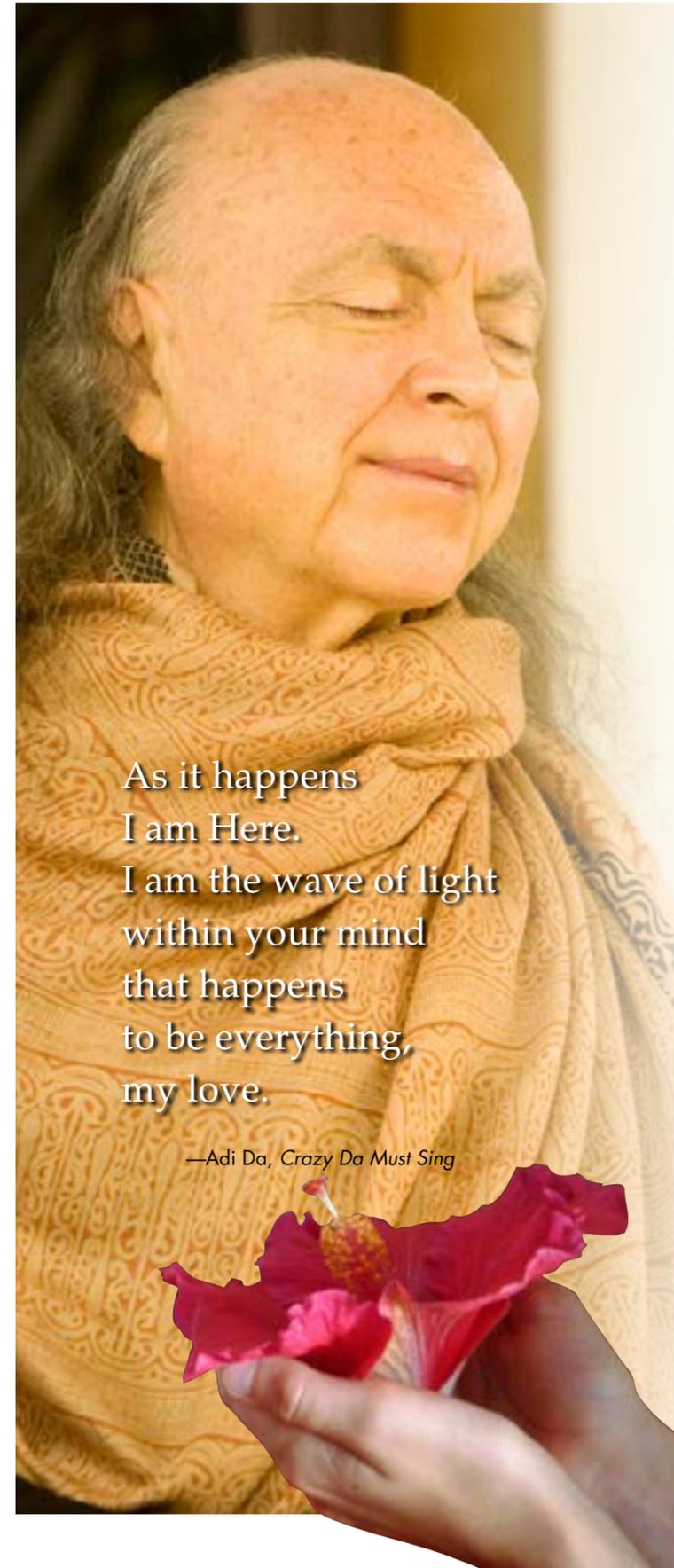
ADI DA SAMRAJ: The ego-transcending practice of the Reality-Way of Adidam is not a "method" of the ego. The ego-transcending practice of the Reality-Way of Adidam is not characterized by any kind of effort relative to egoic tendencies—for any such strategic path is (ultimately) completely futile....

The Intrinsically ego-transcending Way of Truth is the Reality-Way of complete Distraction from the tendencies that produced your birth and that now produce the drama of your existence from day to day. Only when there is Perfect Distraction from the way of life that is producing your "experiential" destiny do your tendencies become obsolete. They do not become obsolete when you direct effort against them. It is only when that Perfect Distraction appears in the midst of the affair of your life that another Principle, another Process, is established....

My true devotee is involved in just this kind of ecstatic devotional relationship to Me. When that devotional relationship to Me becomes the condition of your conscious existence (fully, under all the conditions of life), then the force of limiting tendencies is weakened—not by your doing anything to your tendencies, but by virtue of the fact that you are no longer even involved with them....

I am not present here merely in order to "rap out" a philosophy or to distribute "techniques" that you may apply to yourself, depending on your intelligence. I Am Present in the conditional "worlds" in order (now, and forever hereafter) to Offer a (Most Ultimately) Divinely Liberating relationship to all those who are willing to assume such a relationship with Me, to all those who have the capability to be Distracted by Me in an absolute love-relationship that is more and more Distracting.

—from *The Aletheon*



As it happens  
I am Here.  
I am the wave of light  
within your mind  
that happens  
to be everything,  
my love.

—Adi Da, *Crazy Da Must Sing*

## I Was Home...

In 1972 Wes Vaught was living in Georgia and working as a proofreader when he was given *The Knee of Listening*, Adi Da Samraj's Spiritual autobiography and His first published book, to proofread. Wes was struck by the Truth he recognised in the book and travelled to Los Angeles where he went to Adi Da's house. Wes describes this first meeting with Avatar Adi Da in 1972:



I felt welcomed into a "Bright" Space, free of any sense of problem... It felt natural to sit on the floor before His Chair. I had brought with me a bag of oranges and pears as a gift. I extended it: "I brought this for You."

He received it with both Hands and with such loving care. Everything about Him was absolute strength, sublime vulnerability, perfect clarity, and delight. Time stood still while He removed the fruits from the bag and arranged them on a little table next to His Chair. Then He Graciously folded the bag neatly and tucked it by His thigh.

He received the whole gift!

Wes spontaneously prostrated at Adi Da's Feet.

Quietly, Adi Da lifted His Feet and placed them on my head. All stress left my being. A golden balm of sweet light poured through every cell in my body. A knot opened. I let go, and His brilliant Radiance washed through me. I was Home...

He gave me everything in that moment—a living relationship to an absolute source of Grace, the most profound experience of my life, and the admonition to join Him in free relation to all phenomena. I fell in love with Him. I had begun the life of understanding in devotion to the One Who is that. The principle of my search was obviated and the momentum of my self-contraction, my separative and loveless adaptation, began to wind down.

Wes writes in 2014:

There is a continuing unfolding of the Living Presence of Adi Da, since His Divine Mahasamadhi (His passing from the body in 2008). If anything, the process is more intense and thoroughly Awakening, Guiding, Blessing. It is a further Revelation of Him as Light Itself, Consciousness Only, in place.

I am so very grateful. So-called death is not a limitation on His Work. There is no separation, no difference. Pure Grace.

Every bit of seeking, dilemma, and self-obsession that you lay down at My Feet is your true gift to Me. All gifts symbolize that true and inner gift, and make it visible.

—Avatar Adi Da, My "Bright" Word

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*Adi Da Samraj Blesses dates as Prasad to be distributed to devotees  
after an occasion of Sighting Him*

When a true devotee brings a gift to the Guru, the Guru  
may return all or a portion of it to the devotee.

This is Prasad, the return of a gift to the giver.

Prasad is the gift returned, Transformed and Blessed by the  
Guru, so that It Brings the Power of the Guru to the devotee.

—Avatar Adi Da, *My "Bright" Word*



*Ruchiradama Quandra Sukhapur holds a bowl of dates for Adi Da to Bless*

**I Meditate all (and All)—and (Thereby,  
Most Ultimately) I Divinely En-light-en  
all (and All), by (Actually, Really)  
Being all (and All).**

—Avatar Adi Da, *The Sacred Space of Finding Me*