

# Open Eyes

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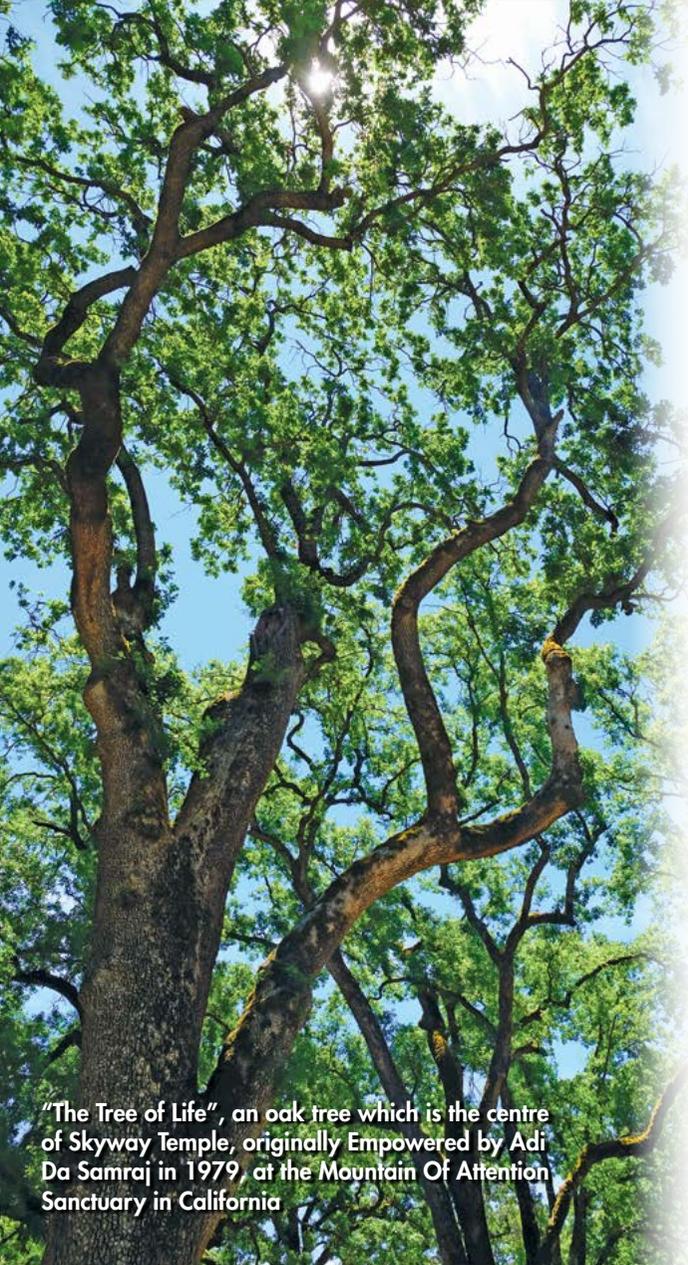
## Growing To Beyond

The plant form, the tree in the midst of the body, is the structure shared by all.

When the human structure is viewed as a whole, taking into account all of its dimensions (and not solely the physical dimension), the reach of the human life-form is seen to be above ground, above the head.

The human life-form is structured to reach to Beyond. The gesture of flowering, of reaching, of growing, is above ground, above the head...

— Avatar Adi Da Samraj



"The Tree of Life", an oak tree which is the centre of Skyway Temple, originally Empowered by Adi Da Samraj in 1979, at the Mountain Of Attention Sanctuary in California

# *The Tree of Light Is Above the Head, and*

**T**o be only below ground is to fail to flower. It is to fail to participate in the real process of the human life-form... It is not that the gross physical body is to be disregarded, but you must understand its conditional and programmed nature and release it into its Depth, its Centrality, into That Which Is Prior, into That Which Is Above—not by attempting to separate yourself from the physical dimension of existence, but by opening that dimension to Me, such that you are (more and more profoundly) continuous with What is above ground, with What Is Beyond, and with What is at Depth in the heart-Root...

Look at the giant redwoods. The root system is very shallow and minimal. The great upward-gesturing mass of the tree is above ground—this huge, high-reaching, ever-widening and ever heightening column, gesturing up into the sunlight, with all its green and seeds, and reproductive this and that, continues hanging up there, making continuation...

Feel. Feel Me. Reach to Me—in Depth, but also Above...

More and more, then, you will gain vision, perception, understanding of Me. You will feel Me in and via the Form above ground. And you will Realize that I am not merely the Form above ground. That Form, also, is merely you. I Am the One toward Which you are reaching above ground. I Am the above-ground Source. And I Am the heart-Source.

— Avatar Adi Da Samraj,  
Hridaya Rosary



Avatar Adi Da Samraj,  
photographing in the  
Californian Redwoods, 2000

# *I Shine Forever In The Sky Beyond It*



**Avatar Adi Da formally Empowering the sacred tree He called "Baptized Each One", Adi Da Samrajashram, Fiji, 1984. He created a series of sacred groves there, based on the pattern of the one that Sri Ramakrishna established at Dakshineshwar Temple.**

of years. He placed the written story in His Library and the bowl in a Holy Site and asked if Kauri seeds needed to be stored at His Sanctuary in Northern California so that they would be protected against possible extinction. At that point we informed Him that our remaining Kauri forests were healthy and regenerating along with many reserves of young Kauri trees.

But of course, what He saw then was what we know now, which is that these great trees are being destroyed by Kauri dieback disease. In fact, that would have been already beginning when He came to New Zealand, but it's only now that we are able to see the devastating results. I think that is why He gave His Blessing so profoundly to these big beings, the Kauri trees the oldest of which, still living, is over 2,000 years old.

**ANNIE COCHRANE:** My very first Sight of the Divine Person, Adi Da Samraj, is forever burnt into my heart. It was in 1988 when He visited New Zealand/Aotearoa. He was looking, with His incredibly profound gaze, at our indigenous Kauri trees as He was being driven through the Waitakere Ranges West of Auckland City. Kauri trees aren't the tallest, but they are the largest of any tree in the world, when fully mature. They are very old beings, and He was clearly granting His Darshan to these great trees, and asking about them.

Some years later I wrote the story of our New Zealand Kauri Trees to Avatar Adi Da, including how they had been devastated by European colonisation, and also sent Him a bowl made of swamp Kauri which has been preserved in peat swamps for many thousands

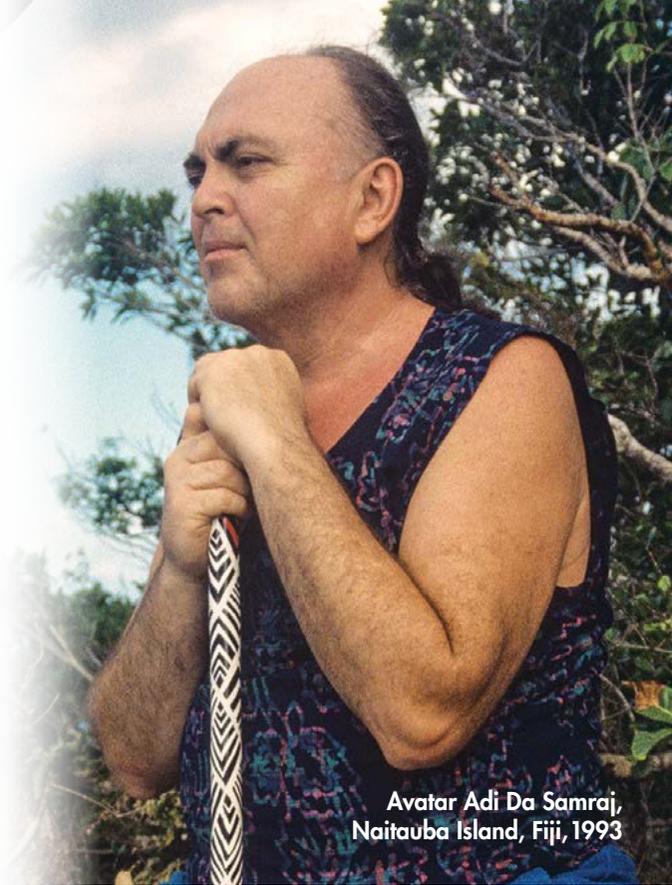


**Tane Mahuta, the largest and oldest Kauri tree in New Zealand/Aotearoa**

**T**here are other planes, other dimensions.

But to enter into them, you have to be in their form—you have to break “above ground”, you have to climb the Tree that is Above the root ball of your brain, and you have to Find the Heart-Deep from Which even the Beyond (That Is Above) Springs Up.

— *Avatar Adi Da Samraj,*  
*Hridaya Rosary*



**Avatar Adi Da Samraj,**  
**Naitauba Island, Fiji, 1993**

### **Who is Avatar Adi Da Samraj?**

Avatar Adi Da's entire human lifetime was a unique demonstration of His Eternal Form—the State He calls the “Bright”, the Conscious Light that is Reality Itself. From His birth on 3 November 1939 on Long Island in New York, to His passing from the body on 27 November 2008 on the Island of Naitauba, Fiji, His Life is the story of the Intervention of the “Bright” in human time. His Eternal Revelation is of the Divine Reality, the Prior Condition of every one and every thing, and He has established unique means for the transformation of all beings.

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